



Session Plan

Project Name: Daily needs of animals

Programme Session Name: Who helps us to be responsible for an animal?

Session Date:

Session Time: 30 mins

Group Name/ Age Group: KSI

Session Lead/Planner

Healthy Living		Promoting and supporting healthy lifestyles to secure physical, spiritual, social and emotional well-being
Feel Safe		Ensuring that members of the community are supported to feel safe
Life Enhancement		Inspirational and exciting learning opportunities that ensure members of the Community raise their aspirations and achieve at the highest level
Participation		Opportunities for the voice of the Community to be heard to help shape the services available to them to make a positive contribution to their local community
Learning and Development		Providing access to a range of learning pathways so that members of the community develop knowledge and robustness

Session Aims and Objectives:

To know when to ask for help when caring for something, including ourselves

To work out what might be needed to look after an animal

Notes and Background Information:

Think about the times that they have needed to ask for help

Session and Activity Outline

Introduction:

In groups, think about the things that they need help with- cooking, cleaning, brushing teeth- anything

Sort what they can do for themselves; what they need a little help with, and what they need total help with

Main body of the activity:

If they are caring for an animal- what will they be able to do without help?

Need visual representations/appropriate words to complete in columns

What will they do with a little bit of help?

As above

What will they do with a lot of help?

As above

What can't they do at all?

As above

Plenary:

Thinking ahead, what do they need to learn to do, if they are going to care for an animal themselves?

Resources/Materials

Large piece of paper, separated into four columns- what can they do independently; with a little help; with a lot of help; or not at all?

Visual representations or phrases on small cards to stick into the columns

Extension Exercise/Take Home Activity (if the group is fast to finish, or members of the group are fast to finish)

Learning how to ask for help at the right time - who would you ask for advice from when choosing a pet? What would you need to consider?

Session Evaluation

Participation Comments/ Evaluation

Staff Evaluation

Issues Raised/ Discussion Points
Follow-up Action Required
Additional Notes:
Staff Signature:
Date: