



Session Plan

Project Name: Daily needs of animals

Programme Session Name: A need to feel safe and secure

Session Date:

Session Time:

Group Name/ Age Group: KSI

Session Lead/Planner

Healthy Living	Promoting and supporting healthy lifestyles to secure physical, spiritual, social and emotional well-being
Feel Safe	Ensuring that members of the community are supported to feel safe
Life Enhancement	Inspirational and exciting learning opportunities that ensure members of the Community raise their aspirations and achieve at the highest level
Participation	Opportunities for the voice of the Community to be heard to help shape the services available to them to make a positive contribution to their local community
Learning and Development	Providing access to a range of learning pathways so that members of the community develop knowledge and robustness

Session Aims and Objectives:

Understanding how important it is to be safe

Understanding who to trust

Communicating trust

Staying safe

Understanding how important routine and rules are to feeling safe

Notes and Background Information

Children will know that they are safe at home and at school because there are adults that help them, who they can talk to

Session and Activity Outline

Introduction:

With their talk partners, they need to arrange flashcards in order of what or who keeps them safe:

People: Parents/carers/relatives/teachers/staff in school// good friends who know them well

Also Routine: knowing what will happen next- give example of how they know what will happen next in the lesson

Main body of the activity:

How do they make you feel safe?

Always know that there will be food, and something to drink,
always happens at particular times of the day- link with routine
Staying clean and healthy- washing, washing hands before eating
etc.

Always someone to tell when they are worried

Any rules at home that make them feel safe

Strangers

Question- If all these things help you to feel safe, how can we do
the same for animals?

Divide into groups:

Group 1

Routine of the day- describing the routine of the day for
themselves (follows up from previous week) start from getting
up to going to bed, and check with them to see what they can do
for them with.

Question- how can we offer a similar routine for animals?

Make a routine for an animal

Group 2

Clean and healthy- How do they stay clean and healthy?
Bathing/showering/ brushing teeth, combing hair, clean clothes
and bedding, toilets, playing and learning, socialising

Then- how do we help animals to be able to stay clean and
healthy:

We know that they are happy when they regularly clean
themselves; teeth cleaning, can anyone find out about animals
keeping their teeth clean? Exercising; clean bedding, socialising
with other animals

Group 3

Rules to stay safe:

These are likely to be DON'T Rules- don't stray from people that
they know; stranger danger; working out who is safe and who is
not.

What rules should we put in place for animals?

Plenary:

Feedback from each group, with others contributing any additions

Resources/Materials

Flashcards

Routine Templates

Soap/Brush/Comb - visual resources of personal hygiene representation

Visual representations of exercises

Copies of school rules

Template for their own rules

Rules for animals

Extension Exercise/Take Home Activity (if the group is fast to finish, or members of the group are fast to finish)

Think about the other areas, anything that they would like to contribute? What would they do if they had an animal at home

Session Evaluation

Participation Comments/ Evaluation

Staff Evaluation

Issues Raised/ Discussion Points

Follow-up Action Required

Additional Notes:	
Staff Signature:	Date: